

Fig. 1

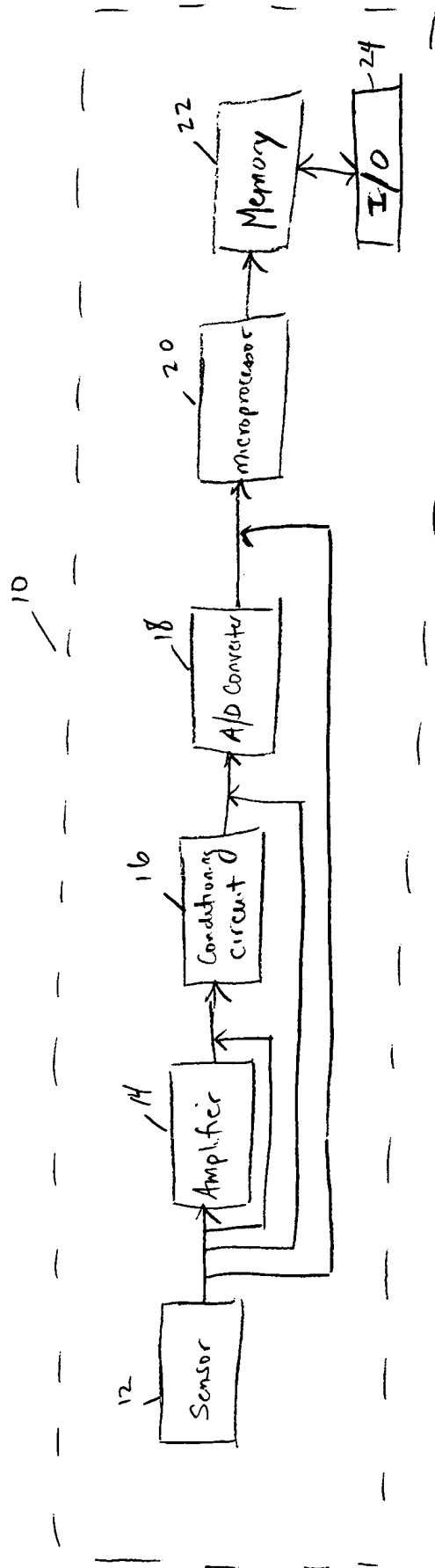


Fig. 2

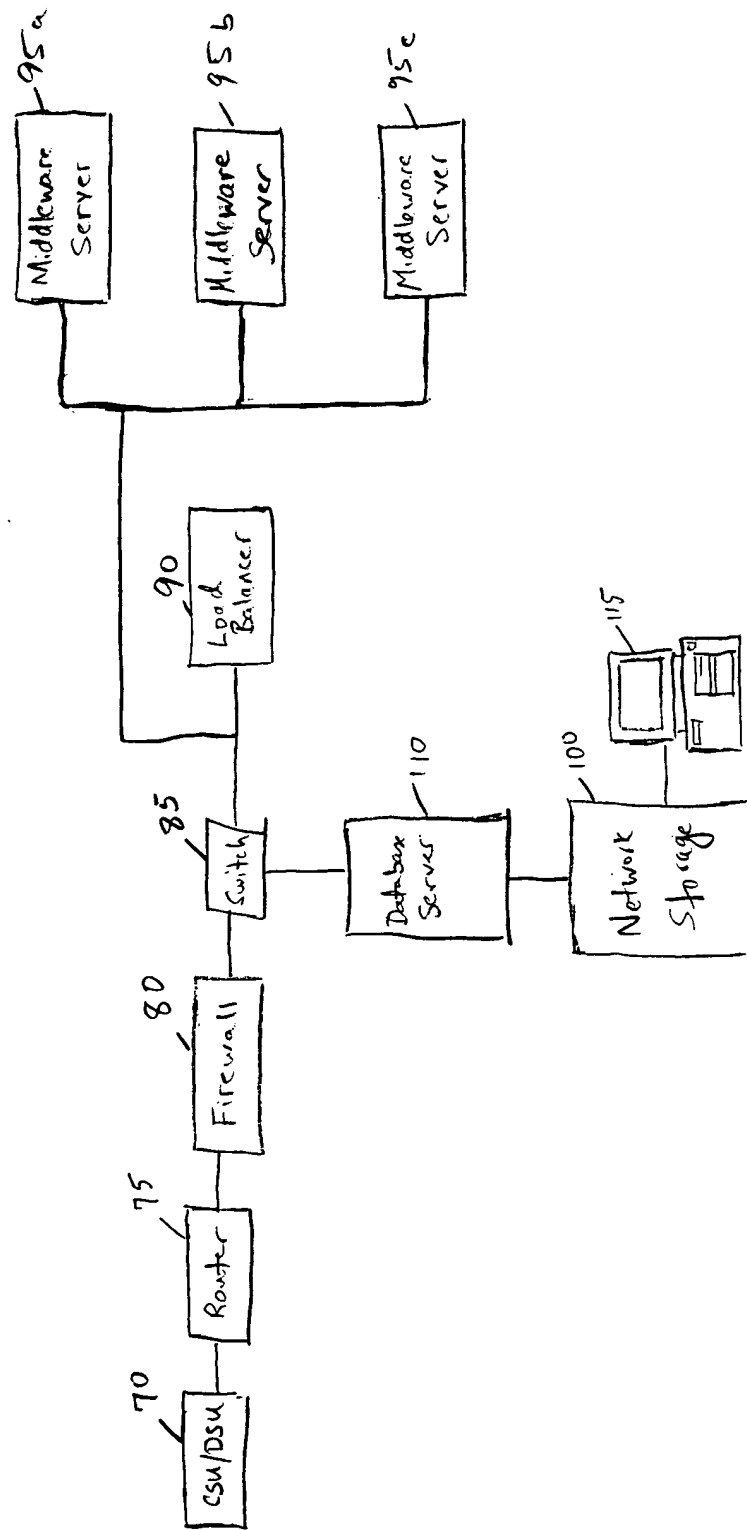


Fig. 3

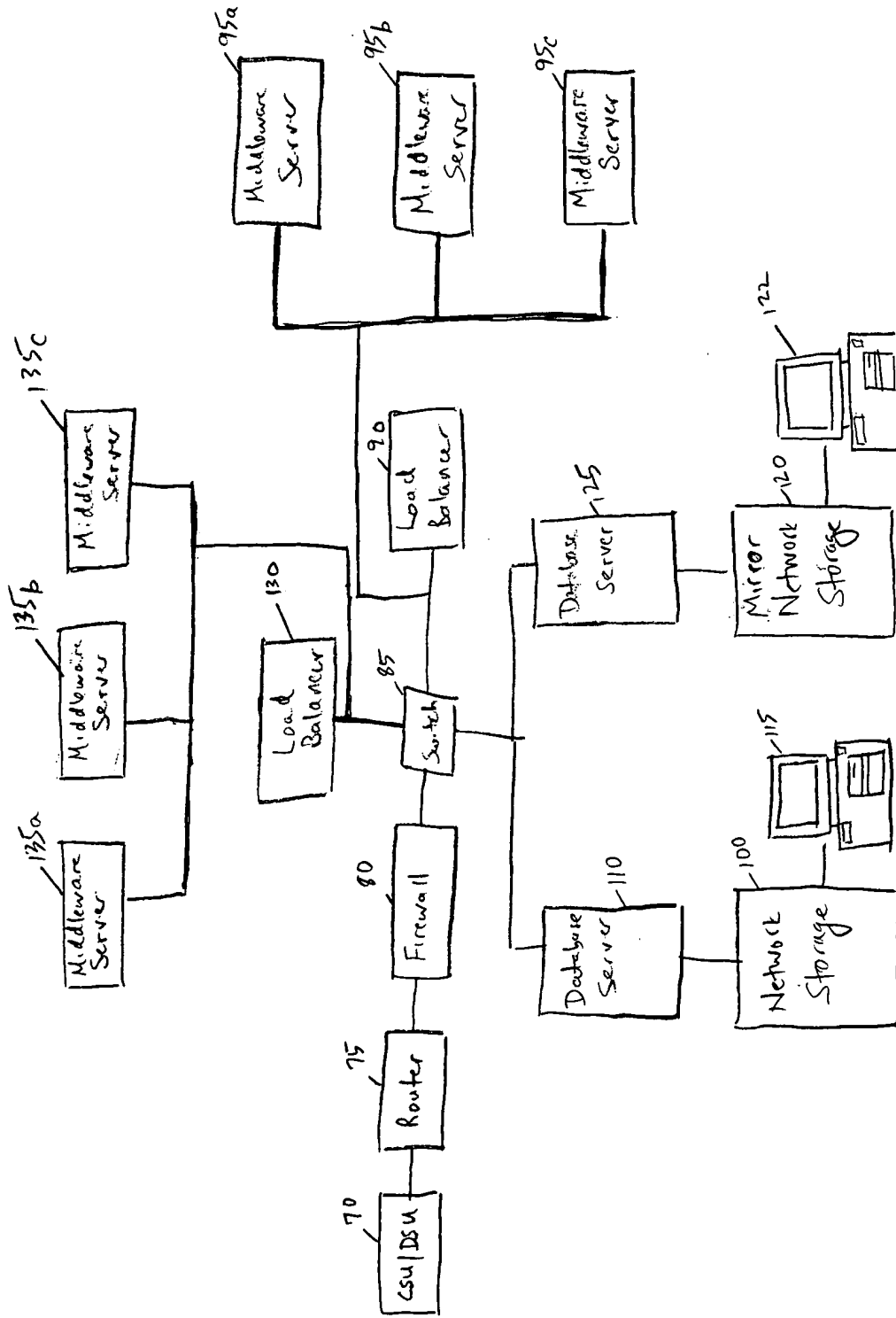


Fig 4

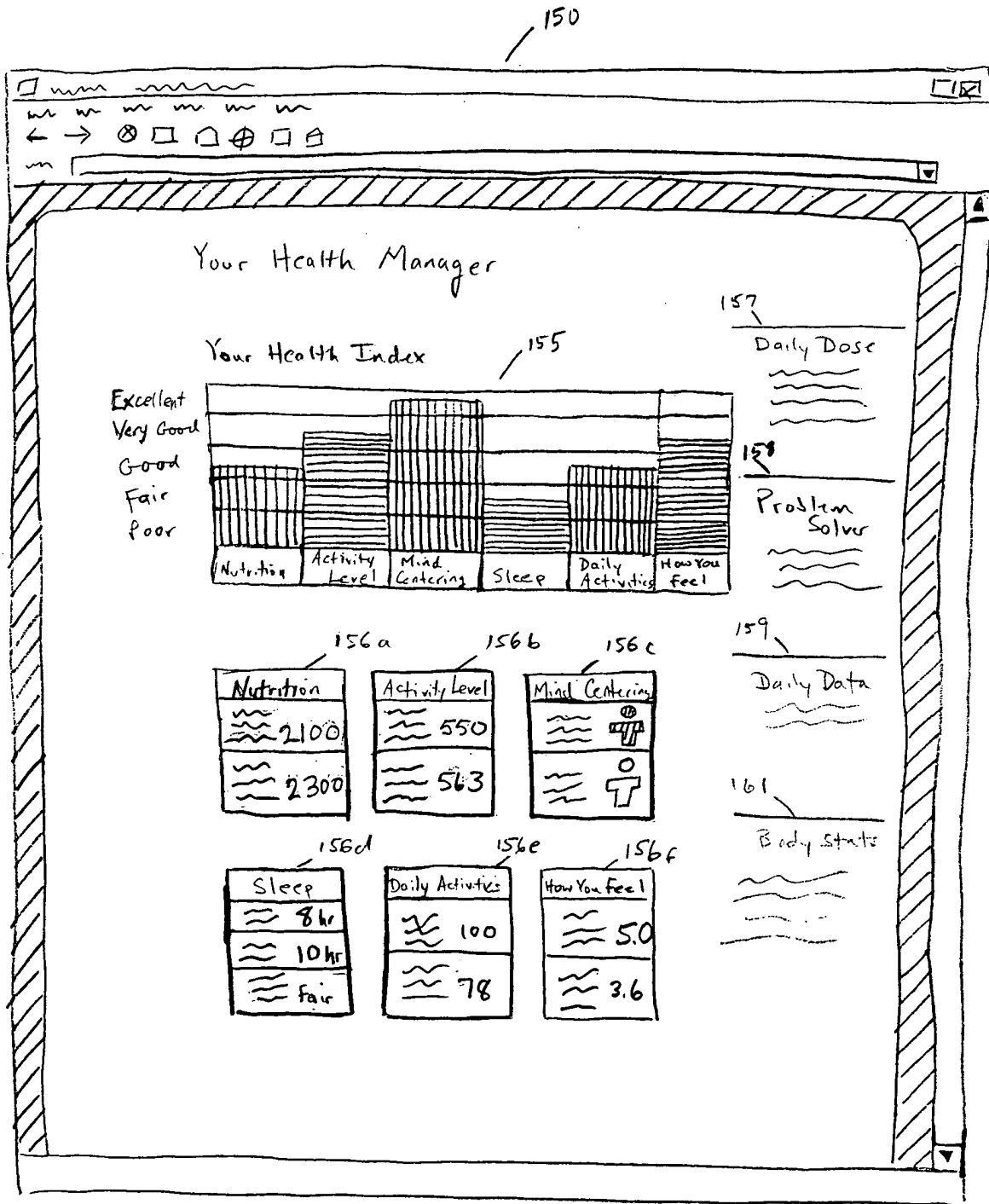


Fig. 5

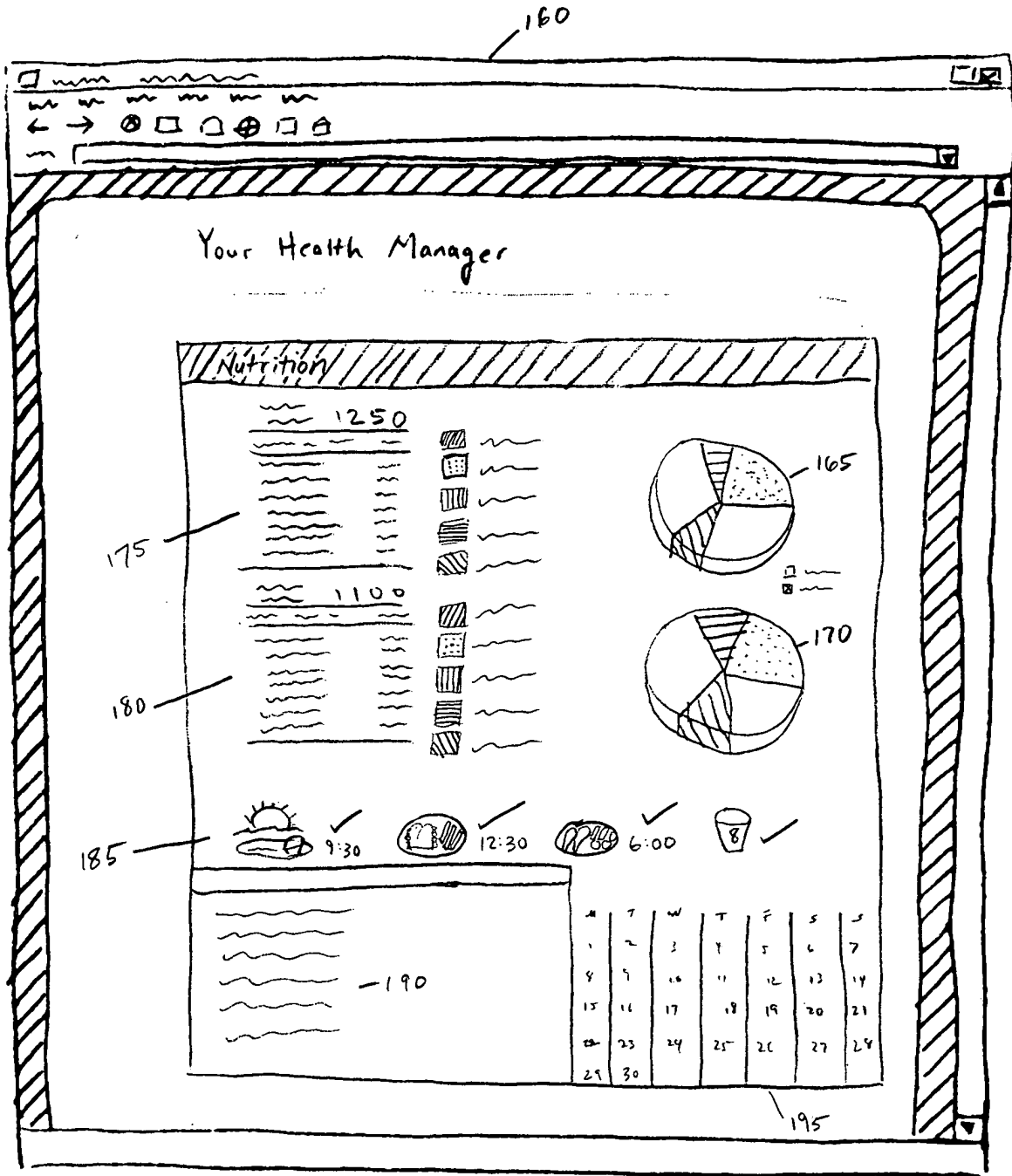


Fig. 6

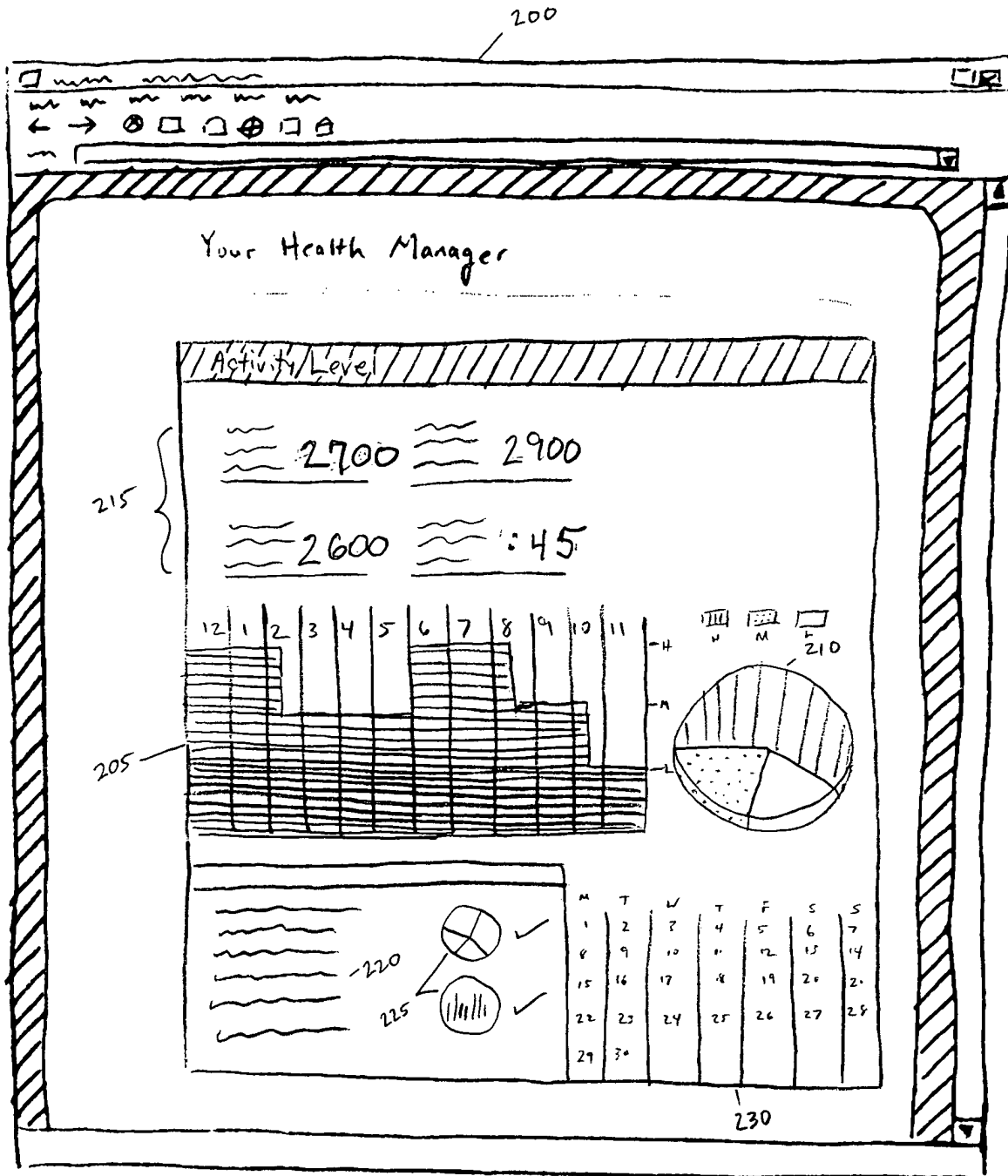


Fig. 7

00505600 051600

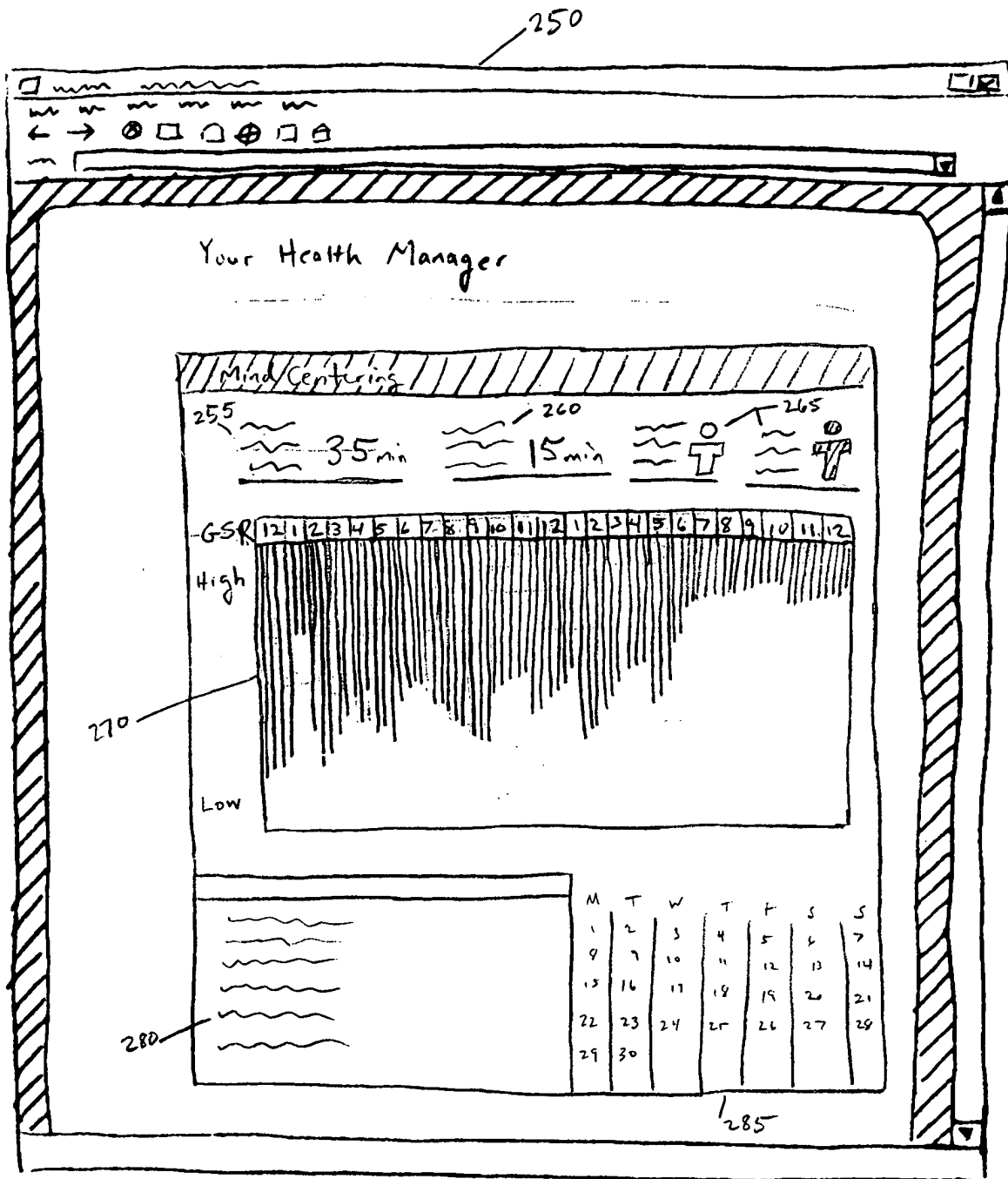
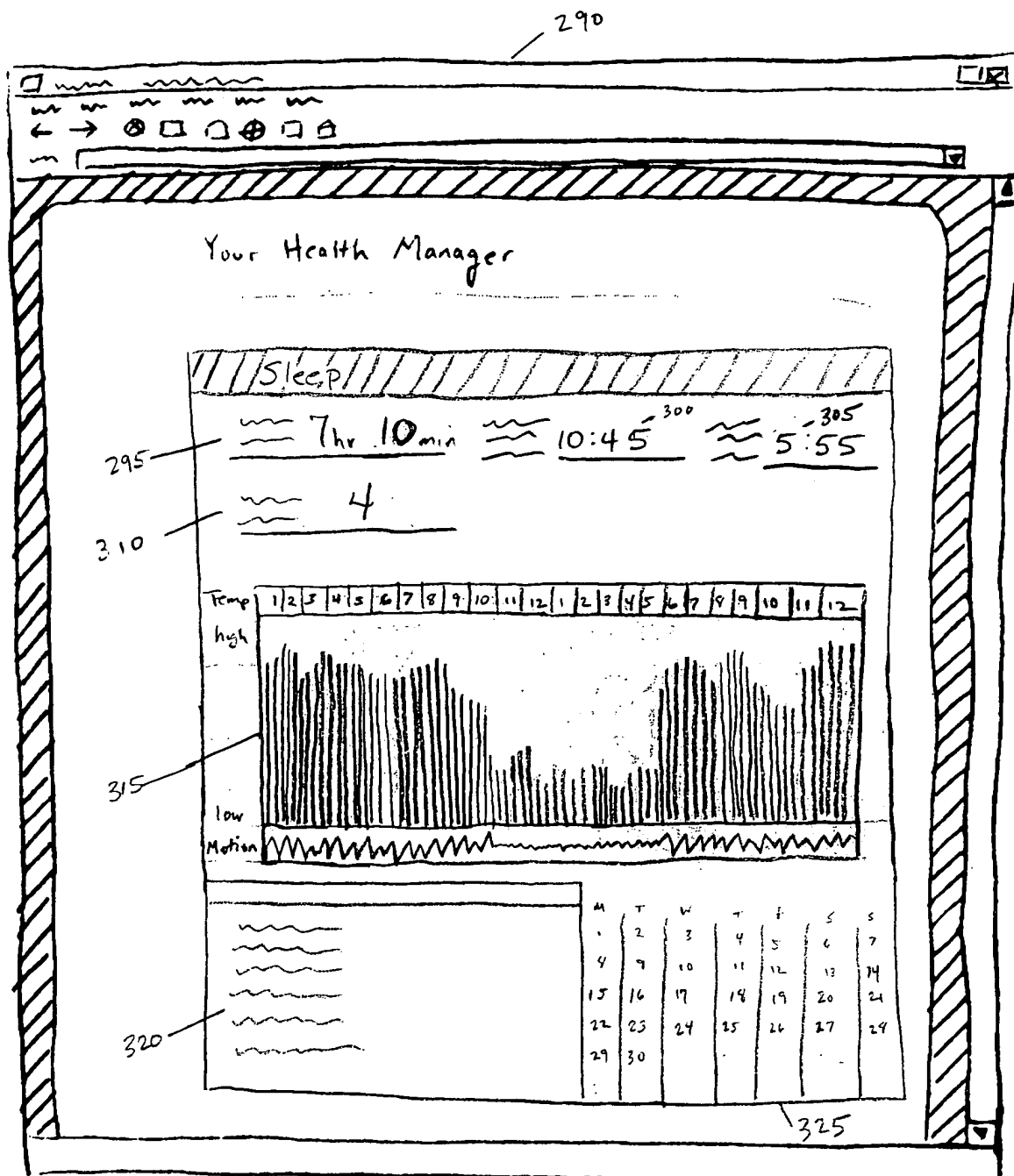


Fig. 8

00595660.061600



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Your Health Manager

Daily Activities

	7	8	9	10	11	12	13
Personal Hygiene							
Bathe							
Brush Teeth / Floss							
Good Bowels							

Personal Time

Quality Time							
Work time							
Leisure time							
Mind Stimulating							

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

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Fig. 10

Your Health Manager

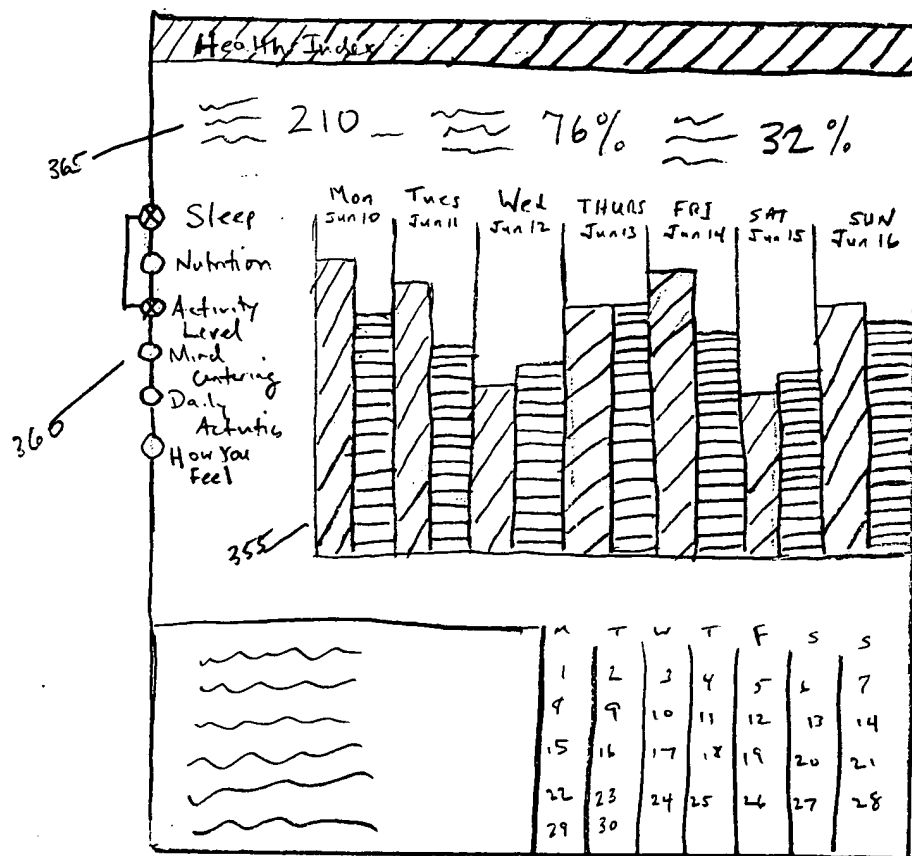


Fig. 11